



Welcome to the 2011 Course Guide and the College of Natural Therapies Erina/Holgate on the Central Coast

Since ancient times, massage, aromatics, herbs, foot reflexology, art, colour, crystals, music and much more, have been used to heal, soothe and uplift the human condition. Together with the amazing advances in modern medicine, we are proud to play our part in wellness and well being on the Central Coast and beyond!

We are a Registered Training Organisation (7021) accredited to the highest standards with the Vocational Education and Training Accreditation Board (VETAB) and the Australian Traditional Medicine Society (ATMS). We have 16 years experience as a successful College (**It is important that you always check this information when considering where best to do your study**)!

Our courses are from the NSW Government's *latest Health Training Package, HLT07*, in particular, *Certificate IV in Massage Therapy Practice (HLT40307)* and the *Diploma of Remedial Massage (HLT50307)*.

Our very popular *Certificates IVs and Diplomas in Aromatherapy and Reflexology* accredited with ATMS allow you, our graduates, the great standard of education you need to be successful.

Pathways to University are available with accredited qualifications gained with our College.

WELCOME to the COLLEGE of NATURAL THERAPIES

Elective subjects you may choose, to either follow special interests, or add to the services you can offer your future clients include **Nutrition**, **Lymphatic Drainage Techniques (including in term 3 bandaging techniques)** with experienced Nature Care teacher and practitioner, Vikki Cole; **Infant Massage Instructor's Certificate**; the **Fijian Floor Massage, Kahuna and Lomi Lomi**, and **Hot and Chilled Stone Therapies** with our wonderful Paulina Buatava McGrath who teaches these subjects Australia wide for ATMS. (She is a graduate student of this College as well!! We are very proud of her success).

In keeping with the wholistic nature of natural therapies, we are privileged to have the talented and highly knowledgeable Maree Best who teaches many of the **Massage Techniques**, **Spiritual Mind Body Medicine**, **Astrology** (beginner and advanced levels) and the **energetic properties of essential oils, colour and crystals and bush flowers**.

Other staff members include highly successful aromatherapist and Jenny Nicholson—(also one of our early students and with many years teaching experience), Coral Duck an experienced and excellent teacher of **Anatomy, Physiology and Pathophysiology**. **Kaye Marshall teaches reflexology and is much loved by her students!**

We have other teachers who teach many other subject areas such as **Soap and Candle making, Tummy Casting, Beauty Techniques for Massage Therapists, Bush Flowers and making your own natural products with a wide range of natural ingredients**. We are also arranging more post graduate courses to be offered later in the year. Keep up with What's New on the website and have a look at our discount offers and payment plans - there is a way for everyone to study with us. You are invited to come in and discuss your options at our lovely bush venue. Call us on 4367 4277 and make an appointment time or visit us at 28 Clyde Rd Erina/Holgate 2250.



Notice to all past students:

Come in and update your Certificate IV and/or your Diploma to HLT40307 or HLT50307.

We will check your hours and your compliance with the new standards and advise you on whether you have covered all the new standards or whether extra hours are needed.