

Flexible program to be studied full time or part time

These courses may be studied as electives for Certificate IV and Diploma level qualifications or as general interest courses. Electives may vary depending on the level and type of qualification and **some may have pre requisites** please refer to the appropriate outline page or better still give us a call or come in and we will help you.

We are happy to offer you the most comprehensive choices of any College in NSW outside Sydney just now, so enjoy putting your interests together to form a great study path to your goal of being a natural therapist and setting up your own clinic, or working with a group practice of like minded people, in a resort, on a cruise ship or health club or lots of other great choices! There may be courses you would just like to learn for interest.

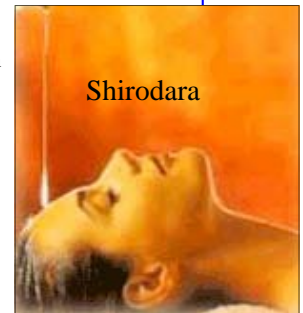
Subtle Aromatics - About the **energetic properties of essential oils** and their profound effects on emotional and spiritual well being. You will learn which essential oils correspond to which chakras in the subtle anatomy and much more about intuitive ways of experiencing the world around you. You will use colour, dowsing and intuitively mapping the energy body to assist in healing the emotional and spiritual aspects of your clients. This course has been a great delight to **aromatherapy** and **energy healing** students both!



Infant Massage Instructors Certificate - You will learn the special Indian way of infant massage, the reasons infant massage is so good for both babies and parents, and the underpinnings of knowledge required for you to set up a practice teaching mums how to massage their babies. A happy and worthwhile 2 days. The Infant Massage Instructor's Certificate course fee includes your doll, folder, full course notes, text book and suggested class format plans for teaching in the community or in your own practice.

Lymphatic Drainage - You will have the opportunity to learn the basic principles and techniques on how to give a lymphatic drainage massage. The lymphatic system is closely associated with the body's immune system and can therefore affect our levels of health and wellbeing in a major way. Being able to give a good lymphatic drainage massage is becoming a highly sought after skill often recommended by naturopaths as an adjunct to a detoxification program. It is also highly recommended both pre and post operative, or for people suffering the after effects of cancer. It will be offered over 16 weeks in 2011. **Please note** it is a core module for the Diploma of Aromatherapy.

Nutrition - A great course for natural therapists, people working in the fitness and sports fields, community nurses and other health professionals. You will study macro and micro nutrients, the place of common vitamins and minerals, dietetic advice for different age groups and health conditions and eating disorders. **A very practical course and a core module for Diploma level qualifications!** Many students do the Nutrition course as an elective for their Certificate IV hour requirements or for general interest for themselves and their families.



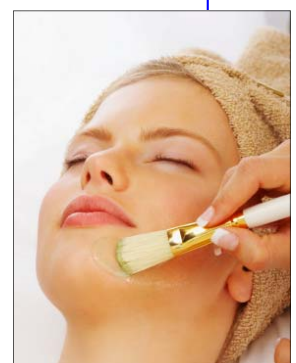
Sports Therapies - an elective for the Massage Therapy Practice Certificate IV or a core/elective module for the Diploma of Remedial Massage. Great for people wishing to work in the fields of sport, dance, exercise programs, fitness etc. Call us for more details.

Advanced Techniques Take advantage of the wonderful experience and learning that Rob Bennett has to assist you in your practice of Remedial Massage.

Aromatherapy and Ayurveda - An introduction to the ancient Indian way of health and the beautiful exotic Indian essential oils and carriers. You will see the practice of **shirodara** or the slow dripping of warm sesame oil on the third eye, as well as learn the Indian head neck and shoulders massage. This course is also a module in the Energetic Healing Diploma as well as the Diploma of Aromatherapy. Both practical and spiritual in philosophy and practice.

Astrology - Astrology will follow the Energetic Healing classes beginning 13th October 10 full days. The course is very different to any other astrology course. You will have fun and meet many people who are passionate about who they are and what they are here to contribute to the world. Get a beautiful sense of the Aquarian age and what is hopeful in the world today. Forget about boring mathematical equations. Live the 3D of the Astrological Circle and feel what's happening for you in your 3D chart. Maree Best is a passionate teacher who lives her astrology everyday, she has been involved in the Natural Therapies Industry for 17 years. This course also includes Astro-plays, meditative planetary connections and plenty of student by student download learning to live the energy of each zodiac sign and the planets. Learn to read charts in your own clinic. An amazing 10 week course studied on its own or with the other components of Energetic Healing in the mornings. Please wear comfy clothes to go with your love of this area of spiritual and ancient knowledge! Payment plans are available for all courses.

Traditional Pacific Island Massage, Lomi Lomi and Sacred Stone Therapy - Please see Diploma of Energetic Healing outline for course information. This is a special and rewarding set of skills in body work and spirituality with a wonderful teacher of Fijian heritage who is teaching these modalities all over Australia for ATMS and overseas. She is also an ex student of our College and we are very proud of her! There will be a follow up day for practice. Don't miss it! Bo Bo is also included in this 6 day course. We will offer this course later in the year over 5 consecutive days



Fijian Floor Massage(Bo Bo) - Taught by the wonderful Paulina Buatava McGrath, This is a great additional massage technique to offer your clients. This unique cross-fibre technique is delivered to your client by your feet. Great for those clients wanting a deeper massage, and for you as a therapist as it gives you a larger scope to work deeply while saving your hands. It is taught along with Traditional Pacific Island Massage and Sacred Stone Therapy.

Module Name	Wks	Day	Starting Dates	Time	Cost
Beauty Techniques for Massage Therapists + all the natural ingredients for products used in classes.	5 days	Fri	2011 dates to be advised soon "Great success"	9.30am - 4.00 pm	\$945
Infant Massage Instructors Certificate + doll and text book included	2 days	Fridays	2011 dates to be advised	9:30am - 3.30pm	\$395
Subtle Aromatics + ingredients	2days	Sat & Sun	10th and 11 September 2011	9:30am - 4.00pm	\$345
Lymphatic Drainage	16 days	Mon	2011 dates to be advised soon	11:00 - 2:00pm	\$1195
Aromatherapy & Ayurveda	2 days	Sat & Sun	13th and 14th August 2011	9.30am - 4.00pm	\$395
Astrology	10days	Wed	17th August - 2nd Nov 2011	9:30am - 4:00pm	\$1550
Pacific Island Massage Kahuna, Lomi Lomi and Sacred Stones and Body Temple Style Fijian Floor Massage - Bo Bo Includes the practical ingredients used in classes. "This has been the most amazing 5 days I have ever spent in learning, with Paulina" Carol Peters "Paulina is one amazing lady, and teacher!"	5 days	2+3 days	Strict limit of 12 students 2011 dates to be advised	9:30am - 4:00pm	\$945
Herbal Remedies	6	Mon	18th July to 22nd August 2011	6.30pm - 9.00pm	\$495
Advanced Techniques for Remedial Massage Therapists with Rob Bennett	8 weeks	Thurs	18th February - 8th April 2011	9.30am to 12.30pm	\$695
Sports Therapies	10 weeks	Fri	12th August - 28th Oct 2011	9.30am to 12.30pm	\$845

