

College of Natural Therapies - Short Courses Term 2 & 3, 2012



If you would like to embark on an exciting career in complementary therapies please call Jo Woodroffe at The College of Natural Therapies on (02) 4367 4277 for a personal consultation to organise your individualised study program. You can study a full Certificate, or ignite your passion by choosing specific skill sets to suit your business needs or fields of interest and receive the relevant Statement of Attainment/Attendance.

Lymphatic Drainage (CPD Points)

\$815

Learn the basic principles and techniques of lymphatic drainage massage. Being able to give a good lymphatic drainage massage is becoming a highly sought after skill often recommended by naturopaths to aid in detoxification. This is a core module for the Diploma of Remedial Massage.

Prerequisites: You must have successfully completed the Anatomy & Physiology unit.

6 sessions, Mon from 23 Apr - 4 Jun, 9.30am - 4pm

Sports Therapy Massage Techniques (CPD Points)

\$680

Sports therapies specifically focus on the prevention of injury and the rehabilitation of the patient back to optimum levels. This is a great course for people who wish to work in the fields of sport, dance, exercise & fitness.

Prerequisites: Competent in Anatomy & Physiology 1, 2 & 3; Remedial Massage and Trigger Point Techniques.

**10 sessions, Mon from 16 Jul - 19 Nov, 1pm-4pm
+ 30 Clinic Hours**

Nutrition (CPD Points)

\$905

Gives natural therapists, people in the fitness and sports industries, community health, working in aged and maternal care etc, a greater understanding of nutrition, herbs and supplements, dietetic advice, eating disorders and more. When you have completed this course of study you are able to offer nutritional advice to your clients.

13 sessions - Mon from 16 Jul - 22 Oct, 9.30am - 12.30pm

Energetic Healing

\$1395

Energetic Healing includes medical intuition, phyco-synthesis, invoking your archetypal dimension, mandalas, colour and crystals for healing, the mystics journey, entering the goddess realm. Process your life through the 3D chakras personally, and 3D archetypal wheel, meditation and communication arts.

24 sessions, Thu from 10 May - 15 Nov, 6pm-9pm

Palmistry

\$135

Discover the secrets in your hands as the Chinese did as early as 3000BC. By mapping into this ancient art you'll learn about your hidden talents, relationships, career, health areas, children and grandchildren. Come and join in the fun and unveil what's hidden in your hands. Please bring a magnifying glass.

2 sessions - Sun from 20 May, 9.30am - 4pm

Aromatherapy Introduction (CPD Points)

\$396

A great practical introduction into the safe use of more than 25 essential oils, blending essential oils into creams, ointments, bath products and more. Includes the history and tradition of aromatherapy, handling techniques and properties. Learn how to treat many common ailments, about the safety issues involved and how to make a coordinated product range. Your comprehensive text book, kit of oils, bottles jars etc and all the ingredients you will use in class are included in your fees.

4 sessions - Fri from 27 Apr - 25 May, 9.30am - 4pm

8 sessions - Mon from 18 Jun - 20 Aug, 6pm - 9pm

Remedial Massage (CPD Points)

\$755

Learn the skills required to assist in healing injuries and specific conditions. Each condition has specific remedial techniques associated with its treatment and you will learn to assess the problem and carry out the treatments indicated. You will also learn more about accurate record keeping and designing ongoing professional treatment plans for individual clients.

Prerequisites: Competent in Anatomy & Physiology 1, 2 & 3; and Therapeutic Massage

**6½ sessions - Wed from 6 Jun - 1 Aug, 9.30am - 4pm
+ 50 clinic hours**

**13 sessions - Mon from 27 Aug - 3 Dec, 6pm - 9pm
+ 50 clinic hours**

Therapeutic Massage

\$619

This technique uses various strokes to warm up and work the muscle tissue, releasing tension. Swedish massage promotes relaxation, eases muscle tension and creates other health benefits.

Prerequisite: Competent in Anatomy & Physiology

6 sessions - Sat from 28 Apr - 2 Jun, 9.30am - 4pm