

Flexible program to be studied full time or part time



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Core Modules are those units of study that are a compulsory part of all the courses offered at the College. They aim to ensure that you have an excellent understanding and practical experience of the basic underpinnings of knowledge of anatomy and physiology, massage, business practices, communication arts, nutrition, first aid, and the safe use of essential oils. They are also chosen to align with the requirements of current Health Training Package HLT07(VETAB), The Australian Traditional Medicine Society, and the current Health Funds.

These modules are practical, and taught by expert practitioners in their field. Here then is a little about each module:

Communication Arts - Being able to talk, listen and effectively interact with your clients is a very important component of success. Through role play, observation, practice, peer support, and observing common body language behaviours, you will develop a new awareness of just what constitutes really effective communication! Fun and practical!! Absolutely essential to success in your business! RPL available.



Anatomy & Physiology 1, 2 & 3 - Anatomy is the study of the human physical form and structure including the skeleton, musculature, composition of cells, skin, blood and much more.

Physiology will teach you how the body actually functions. All the systems have both form and function. You will learn about the digestive, respiratory, reproductive, nervous, urinary, endocrine, integumentary, circulatory and lymphatic systems, how they function, the parts that make up each system, and how the whole fascinating lot work together in harmony, or otherwise. A rewarding and interesting essential for every health professional.

Note: Anatomy and Physiology must be completed in the order shown. Your Text Book and CD are included in the fees for the first module. You must begin at the beginning of the first term or **join the second semester evening classes beginning in July at 6.30pm**

Establishing a Clinical Practice - This module is designed to assist you with knowledge of legal and practical requirements in setting up a home practice and managing it well, or working alongside other health professionals. You will also be given help and encouragement in designing effective advertising brochures, business cards and pamphlets for your business. You will address possible financial considerations, list material necessities for your clinic and legal requirements. This module is creative but also gets down to the basics of what you need to address in beginning your own successful business.

Personal Development - This is all about you - where you are now, where are you going in this great journey of life, what is your belief system and is it supporting you, what will help make your studies successful, what holds you back from being the best you can be? What can you learn from the great collective wisdom and use in your own life? How aware are you of your know self, hidden self, unknown self and the self you give to the world and those around you? How do others see you?

We share some of the sayings and skills we have each learned that have assisted us on our path and that may resonate with others. How does all of this help us to be great natural therapists? You will be surprised!

Seminars 1,2,3 & 4 - The subjects of the seminars are usually topics of interest that will add to your general knowledge on the "human condition".

This years topics are Genetics, Carcinogens, wound Healing and Grief and Loss. They may sound like a somewhat depressing lot, but as health professionals you need to have at least an understanding of the problems involved! They add depth and required hours to your Anatomy and Physiology knowledge

Wet Lab - You will have the opportunity to visit the Anatomy Department of the Newcastle University and observe for yourself actual body parts. You will see first hand, a lot of the anatomical structures you have studied in class. Dr Alan Brichta will talk to you about what you will see and you will be accompanied by one or more of your teachers. This excursion may not be the most fun you can have in an evening but it is very interesting and a valuable learning experience!! Date TBA for 2010

Aromatherapy 1- A wonderful **practical** course teaching you all you need to know to manufacture your own products for use in your clinic, an in depth knowledge of the essential oils and the many ways of using them to promote balance, health and wellbeing in your clients. Your comprehensive text book, kit of oils, bottles jars etc and all the ingredients you will use in class are included in the fees for the module. You may also do this unit as a general interest course. We guarantee you will love this unit and we've had 15 years of experience to ensure you get the best available!! **We are hoping to add another Aromatherapy 1 in Semester 2.**



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Massage Therapy Practice 1 and Remedial Massage- Please refer to **Certificate IV in Massage Therapy Practice HLT 40307** for course times and fees. Massage Therapy Practice 1 is a pre - requisite for Remedial Massage.

Supervised Student Clinic - The required clinic hours for a Certificate IV are 50 hours, for a Diploma the required clinic hours are an additional 50 hours (total 100 hours). For Reflexology, 20 hrs + case studies. The cost to complete your clinic hours is \$300 per 50 hours, and \$100 for Reflexology. Please refer to the Supervised Clinic sheet for times, dates and booking details.

Senior First Aid - You will need to complete an accredited Senior First Aid Certificate which will be sighted and recorded by the College before you begin Clinic.

Please note your choices of times for some subjects ie evening **OR daytime. Enrolling at the College now.
July Intake in red ink.**



OUTLINE

Module Name	Wks	Day	Starting Dates	Time	Cost
Establishing a Clinical Practice	3	Satur- days	12th, 19th and 26th June 2010	9.30am - 4.00pm	\$455
Communication Arts	2	Sat & Sun	13th and 14th November 2010	9.30am - 3.30pm	\$295
February Intake Classes Blue					
July Intake Classes Red					
Anatomy and Physiology 1	8	Thurs	22/07/10	6.30pm - 9.00pm	\$695
Anatomy and Physiology 2	8	Tues	29/05/10	9:30am - 12:30pm	\$595
Anatomy and Physiology 2	8	Thurs	16/09/10	6.30pm - 9.00pm	\$595
Anatomy and Physiology 3	8	Tues	20/07/10	9:30am - 12:30pm	\$595
Personal Development	2	Sat + Sun	11th and 12th December	9.30am - 3.00pm	\$295
Wet Lab	1	Thurs	25/11/10	7:00 - 9:00pm	\$80
Seminar 1, 2, 3 & 4	4		Please check on Wall Planner and Notice Board	7:00 - 9:00pm	\$20ea
Massage Therapy Practice 1	* Please see Certificate IV in Massage Therapy Practice outline for dates and times for 2010				
Remedial Massage (Massage Therapy Practice 2)	* See Certificate IV in Massage Therapy Practice outline for dates and times for 2010				
Aromatherapy 1 (includes text and kit of essential oils jars, bottles etc.)	* Aromatherapy outline for dates and times for 2010			"Loved this course!!" Alana	
Supervised Student Clinic	* See separate page in Course Guide for the dates and times. Some clinics will be on Sundays and others on Friday evenings in 2010 Check regularly for any changes.				