

Flexible program to be studied full time or part time - no pre requisites

Emerging from the smoky temples of ancient Egypt 5,000 years ago, aromatic substances derived from plants, trees and flowers have enhanced the health, beauty and well being of all subsequent civilizations. This amazing history has been only temporarily interrupted in the last 100 years by the advances in chemistry where to some extent synthetic fragrances have replaced the naturally occurring plant derived aromas in cosmetics, perfumes and foods. This course is an adventure into the wonderful world of nature where the beauty and intensity of the 'real' gifts of the plant world reveal themselves to you.



Aromatherapy 1 - A great practical introduction into the safe use of more than 25 essential oils, blending essential oils into creams, ointments, bath products and more. The history and tradition of aromatherapy, handling techniques, properties and ways of using essential oils in hands on practical class work. You will learn how to treat many common ailments, about the safety issues involved and how to make a coordinated product range. A popular and enjoyable **core module** for all students of the College.

A kit of essential oils, bottles jars etc and comprehensive text book are included in the cost of this module. You will love it !

Aromatherapy 2 - You will learn the beautiful aromatherapy massage, traditional ways of making poultices, body wraps and spa products, be introduced to, and sample more exotic and unusual essential oils, hydrosols, fruit extracts, clays, natural preservatives and more. Case studies and role playing clinical situations will give you experience and confidence on your way to becoming a professional aromatherapist!

Aromatherapy 3 - You will expand your knowledge base of the body systems, their pathology and the place essential oils can play in bringing harmony to body and mind. Men's health and products, children's health, care of the elderly and frail are also included in this module. Current trends in aromatherapy and the latest essential oils are ongoing topics. perfume making for yourself and for gifts is a lot of fun! Making candles and soaps using all natural ingredients is wonderful also for family, friends and clients.

Aromatherapy 4 - Included in this module will be the pregnancy massage using the special cushions designed for pregnancy, aromatherapy and infertility, designing a range of aromatherapy products suitable for babies and mothers to be, and the detailed unit on pregnancy and birth with Penny McCulloch. You will also learn how to make a 'tummy cast' for your pregnant clients this is demonstrated for you on a pregnant tummy!

Chemistry of Essential Oils - An important part of the knowledge required to use essential oils in therapy and for healing. A fantastic insight into the magic and power of essential oils! Dr Joy Bowles will be teaching this subject in 2010! We are very honoured to have her!

Subtle Aromatics - The energetic properties of essential oils have a profound affect on the emotional and spiritual well being of anyone lucky enough to experience them. You will learn which oils correspond to which chakras or energy centres in the subtle anatomy, and much more about intuitive ways of experiencing the world around you. Learning to use colour effectively, crystals, dowsing and "mapping" to assist in healing the emotional and spiritual aspects of your clients are all components of this module.

Aromatherapy and Ayurveda - An introduction to the ancient Indian system of health and the beautiful exotic Indian essential oils and carriers. You will observe the practice of "shirodara" or dripping of warm sesame oil on the third eye or 6th chakra, as well as learn to do the Indian head neck and shoulders massage, great for corporate massage, or as an addition to your other massage techniques!

Text book and all practical components of course included in fees.



Module Name	Wks	Day	Dates	Time	Cost
Aromatherapy 1	8	Monday	25th October 2010	6:30pm - 9:00pm	\$750
Aromatherapy 1	8	Thursday	2011	9.30am - 12 noon	\$750
Aromatherapy 2	8	Wed	30/06/10	6:30pm - 9:00pm	\$595
Chemistry of Essential Oils	3 days	Fri Sat Sun	5th 6th and 7th November 2010 with Dr Joy Bowles		\$595
Aromatherapy & Ayurveda	2 days	Sat & Sun	28th and 29th Aug 2010	9:30 - 4:00pm	\$345
Subtle Aromatics	2 days	Sat & Sun	18th and 19th Sept 2010	9:30 - 4:00pm	\$345
Aromatherapy 3	8	Thur	24/06/10 - 26/08/10	9.30am -12.00 noon	\$595
Aromatherapy 4	8	Thurs	9/09/10 - 11/11/10	9.30am - 12 noon	\$595
Aromatherapy 4	8	Wed	20/10/2010 - 8/12/10	6.30pm - 9.00pm	\$595
Supervised Clinic-50 hours			See Core Modules and Clinics Page		